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### ACADEMIC COMMITTEE MEETINGS

Four extra-ordinary meetings of the Academic Committee were held to discuss the Roles and Responsibilities of the Committee. The meetings were led by **Dr. Jack LaTrielle** who used several activities and small group discussions to help the group go through the process of identifying the roles, responsibilities and membership of the Committee. It was decided that the Academic Committee should focus on Academic issues as originally identified when the committee was formulated in the early years of the College, rather than being an all-encompassing decision making body. They should also be pro-active rather than reactive. Their three main functions will be Strategic, Advisory, and Monitoring and Quality Control with Research running parallel to all three. The Committee also decided the Associate Dean will be the chairman for the first two years on a rotational basis. Two students will also be invited to some of the meetings. The group will also look at the total committee structure at CHS, their roles and responsibilities, and the Academic Committee's relationship to these committees. The Faculty Council will go through the same process at a later date.

Other Academic Committee meetings were held in May and June to discuss the CHS Admission requirements with a presentation by **Mr. Ali Ebrahim**. During the regularly scheduled meeting in May, discussions occurred on counterparts by rotation, revisions of the CHS Catalog, the College Web Page, review of job duties as compared to Job Descriptions, the Academic Cadre, and the Roles and Responsibilities of the Academic Committee and the Faculty Council.

### FACULTY MEETING TO DISCUSS CADRE

An urgent meeting was held on 31 May 2004 to discuss the Cadre Proposal recently revised by the Directorate of Classification and Compensation at the Civil Service Bureau (CSB). Much discussion occurred, as well as some disagreement with the revisions. The revised cadre starts with Grade A-4 through A-10, with the top three grades as Assistant Professor, Associate Professor and Professor. The Dean will discuss the matter further with CSB, noting the faculty concerns.

### EDITORIAL

Greetings from the College of Health Sciences to all its readers. The highlights of this issue are the Institutional Climate Survey, as well as redefining the role of the Academic Committee. CHS has also appointed an Education Advisor. Faculty continue to attend, organize or give short courses, conferences and workshops for various groups of people, as well as preparing exhibits about the College. There are also various other updates on the events that have been taking place at the CHS, such as Dental Hygiene students giving health education talks in the community. We continue our monthly review of a website, as well as articles about innovative teaching methods. The CHS Update continues to be distributed to all areas of the MOH and other organizations in Bahrain, as well as to several places outside of Bahrain. It is also available on the MOH website [www.moh.gov.bh](http://www.moh.gov.bh). If you would like to receive a paper copy of the Update, please inform the Newsletter team. The College of Health Sciences looks forward to hearing of your contributions to the CHS and the Ministry of Health in the months to come.

*Betty Popovich, Chairperson  
CHS Newsletter and Publicity Committee*

### DONATION OF LCD PROJECTOR TO ITO

**Dr. Nabeel Al Korasi** from the Arab Development Institute in Al-Khobar, Saudi Arabia donated an LCD projector to ITO. We thank him and the Institute for this much needed equipment to enable the College to teach BLS and ACLS courses.

### DR. KHALID BOMTAIA TALKS ABOUT IMPROVING EDUCATIONAL INSTITUTIONS



**Dr. Khalid Bomtaia**, Director of the Office of Total Quality, University of Bahrain gave a lecture on “*Malcolm Baldrige Award as a Tool for Improvement of Educational Institutions*” for CHS Faculty on 24 May 2004 in the Al-Maarif Auditorium. He discussed who Malcolm Baldrige is, what the Malcolm Baldrige National Quality Award is, the criteria for receiving the award, which organizations have received the award, ISO 9000, and a total quality management model for higher educational institutions. The award program was established in 1987 and Education and Health Care were added in 1999. The criteria are designed to help organizations enhance their competitiveness. He also indicated that educational institutions are judged on leadership, strategic planning, students and stakeholders, information and analysis, faculty and staff focus, educational and support process management, and organizational performance results. For further information on this award, contact Dr. Khalid at Bahrain University.

### CHS INSTITUTIONAL CLIMATE SURVEY

A committee was formulated and given the task of conducting the “CHS Institutional Climate Survey” to assist in the continued process of improving various aspects of the College. The Committee consists of **Dr. Jack LaTrielle**, Coordinator, **Dr. Amal Akleh**, **Mrs. Huda Al-Mahmood**, **Mr. Sayed Mahmood Al-Qallaf**, **Mrs. Muyassar Sabri Awadallah**, **Mrs. Eman Tawash** and **Mrs. Reji Joyson**.

A General Faculty meeting was held on 28 June 2004 in the Al-Maarif Auditorium, and a presentation was given by the Committee in order to orient the faculty about the survey and encourage their participation. The survey will be implemented on 5 July 2004 in the Auditorium, and feedback will be given to faculty before the end of July and a detailed analysis in September. The survey will help to obtain baseline data about CHS in order to form action plans and task forces to work on the future plans.



*Wherever there are beginners and experts, old and young, there is some kind of learning going on, and some sort of teaching. We are all pupils and we are all teachers.*

Gilbert Highet,  
*The Art of Teaching, 1950.*

### CHS FACULTY PARTICIPATE IN WHO FORUM

Under the patronage of Health Minister, **Dr. Nada Haffadh**, the Sixth Meeting of the Regional Advisory Panel on Nursing and Consultation on Nursing Preparedness, Mitigation, Response and Recovery in the Eastern Mediterranean Region (EMR) was held at the Gulf International Convention and Exhibition Center at the Gulf Hotel from the 28-30 June 2004. The World Health Organization (WHO) EMR in cooperation with the MOH organized the forum. **Dr. Hussain All-Giezairy**, WHO EMR Regional Director, **Her Royal Highness Princess Muna Al-Hussain of Jordan**, WHO EMR nursing and midwifery patron, **Mrs. Batool Al-Muhandis**, conference chairwoman and other health officials also attended the event. Dr. Nada, in her speech said the MOH has established disaster committees, disaster manuals, policies, training programs, scheduled drills and provided equipment. She also mentioned that CHS established a Cardiac Nursing Diploma Program in 1995 and an Emergency Nursing Diploma Program in 2001. Over 170 participants from 45 Middle Eastern Countries attended the meeting. **Dr. Mouza Al-Suwaileh** was also a participant in the meeting, while **Mrs. Amina Matooq** and **Mrs. Rula Al-Safar** from the nursing division attended as observers.

*The most important function of education at any level is to develop the personality of the individual and the significance of his life to himself and to others. This is the basic architecture of life; the rest is ornamentation and decoration of the structure.*

Grayson Kirk

**GULF PHARMACY DONATES LCD PROJECTOR TO CHS**

**Dr. Shawki Amin**, Dean CHS and **Dr. Aneesa Al-Sindi**, Associate Dean CHS received **Dr. Khalid Al Awadhi**, the Chairman and Chief Executive Officer of Gulf Pharmacy and **Mr. Reji D. Suza**, the General Manager of the Medical and Scientific Division. In the meeting, Dr. Khalid donated an LCD projector to the College of Health Sciences as a gesture of support to the academic programs that the College offers in Nursing and Allied Health. The Gulf Pharmacy is one of the private sector organizations, which has a strong collaboration with the College through granting scholarships for some of their employees to study in the Pharmacy Technician Program. During this meeting, a discussion was held on how to further cooperate and collaborate between the two institutes, as well as the



College of Health Sciences future plans to open a Bachelor degree in Pharmacy, a Drug Sales Representative program and the need for such programs in private and government sectors in Bahrain.

**IRAQI VISITORS**



The Iraqi Minister of Health and his delegation, who were on an official visit to Bahrain, met with CHS officials and toured the College. Later, a group of 17 Iraqi doctors and other health care officials visited the College during an official visit to the Arabian Gulf University to attend a workshop that was arranged in collaboration with WHO. The MOH proposed a program for the visit to enable the Iraqis to have an in-depth knowledge of Bahrain's medical facilities and the areas where the two countries can co-operate. The doctors met with the CHS Faculty Council members, as well as touring the College, and were very interested in the training programs offered. They would like to collaborate with CHS to train Iraqi nurses, as well as technicians in the use and repair of modern medical equipment. The doctors were very impressed with the College.



**CELEBRATION OF INTERNATIONAL NURSE'S DAY**

Under the patronage of Her Excellency, Dr. Nada Abbas Haffadh the Minister of Health, nurses in Bahrain celebrated International Nurses Day under the theme: "Working with the poor against poverty". They held a Scientific Day at the Gulf Hotel on 30 May 2004. Several faculty from the College participated. **Mrs. Muyassar Sabri** was a member of the Organizing Committee and Scientific Committee, and **Mrs. Eman Al-Tawash** was also on the Scientific Committee. Many nurses from different sectors in Bahrain attended the Scientific Day and various papers were presented related to the theme. **Mrs. Batool Al-Muhandis**, **Dr. Mouza Al Suwaileh** and **Ms. Raqaya Rahma** (a 2<sup>nd</sup> year BSN Completion program student) presented papers. Ms. Batool was the Keynote speaker and talked about "A Social Dimension for Determining a Health System Delivery Model." Dr. Mouza presented about "How Nursing Education Addresses Community Needs". Ms. Raqaya presented about "Community Assessment of Suqaya and Nabi Saleh Island". Certificates were distributed to all participants, followed by lunch. Mrs. Muyassar also received a recognition certificate from the Minister of Health in appreciation for her work on the Organizing



Committee. In addition, on International Nursing Day (IND) on 12 May 2004, flowers, sweets and cards were given to all CHS nursing

**DR. JACK LATRIELLE RETURNS TO CHS AS THE EDUCATION ADVISOR**

**Dr. Jack LaTrielle** has returned to Bahrain and the MOH as the education advisor to the College of Health Sciences. Jack served as Chairperson of the Educational Development Center from 1985 to 1988. From 1988 to 1992 he served as Advisor to the former Minister of Health, Dr. Jawad Al Arrayed. After leaving the MOH, he consulted in many capacities around the world including South America, Thailand and India, as well as for WHO. We welcome him back to CHS and wish him all the success in this capacity, as well as offering him our support.



## EDUCATIONAL INNOVATIONS

### HEALTHY TEETH WEEK

*By Betty Popovich*



**Dental Hygiene students enrolled in EDU 211 – Instructional Media for the Dental Hygienist**, taught by **Ms. Betty Popovich, EDC** are required to make a presentation in the community utilizing some of the media projects they developed throughout the course. Four of the students decided to combine their presentations and make a **“Healthy Teeth Week”** for ladies and children in the **Matam Alhawra Zainab in Abu Saiba from 15-19 May 2004**. The topics included: **Sensitive Teeth (Duaa Ateeq), Pit and Fissure**



**Sealant (Fatima A. Shaheed), Bad Breath (Najma Ahmed), and Diabetes and Tooth Care (Khatoon Alsaegh)**. Students used most of the media products they produced in the course to teach these lessons: posters, flip charts, exhibits, games, models, booklets, brochures, and slides, as well as utilizing overhead transparencies or LCD presentations. The presentations were well received and attendance increased on a daily basis, with many children and ladies attending. There were many questions and much discussion on the various topics, especially after the participants read the booklets and brochures at home. The students were asked to repeat their presentations again in the matam, as well as at a handicapped center in Isa Town. The other students in the class supported their efforts, as well as including all of their posters in the exhibit. The presentations and media products were of a very high quality.

Other students in the class presented at various locations in Bahrain: **Seham Abdulla Saleh** presented about **“Care of the Teeth”** for mildly mentally handicapped students in the Hope Institute. **Shaima’a Abbas Mahdi** presented about **“Dental Carries”** for the Duraz Intermediate Girls School. **Kawthar Abdulrazzaq** talked about **“Diseases of the Mouth”** at the UCO Elderly Home in Hidd. **Khadija Makki** gave her presentation to a group of young boys in Ma’ameer on **“Orthodontics”**. All the participants were very happy with the presentations, had lots of questions, and said they learned so much from the students.



### BSN CULTURAL TRIP TO DUBAI

A cultural tour was planned and organized by **Mrs. Rajam Kumar**, Acting Head of BSc Nursing Completion Program with support of the CHS Dean, Dr. Shawki Amin, Associate Dean, Dr. Aneesa Al-Sindi, and Chairperson of the Nursing Division, Dr. Mouza Al-Suwaileh. A group of 19 BSc Nursing students and four faculty traveled to Dubai from 28 April to 2 May. A detailed plan, such as hospital visits, accommodations and sight seeing was arranged before traveling. The group visited the American Hospital in Dubai and two faculty interested in the maternity area visited Al Wasel Hospital. Both hospital administrations were kind enough to entertain the group, especially on a holiday, with special consideration. Students met hospital staff and exchanged information with them. The faculty and the students also enjoyed seeing many places such as City Center, the Museum, Al Ain City, the Zoo, Gardens, the Beach



and traveling by ferry. This trip was an opportunity for both faculty and students to get to know each other better. Students recommended having a trip every year as part of the BSN curriculum. Mrs. Rajam as organizer of this trip would like to take the opportunity to thank the College Administration for their support, the students for their cooperation and a special thanks to **Mrs. Muyassar Sabri** and **Mrs. Rabab Jowhari** for their assistance in making the trip possible.

## EDUCATIONAL INNOVATIONS

### EVIDENCED BASED PRACTICE

*By Rukhsana Kawther Mohammed, Nsg. Div.*

Evidence-based Practice (EBP) was initiated from the belief that the practices of health care professionals should no more be based on the traditional procedures, but rather on the information taken from the research evidence. Traditionally, what stands the test of repeated measures constitutes truth or knowledge. A symbol 'evidence based' was created in the medical field known as 'evidence-based medicine' by key individuals such as Archie Cochrane and David Sakett. Evidence-based Medicine is defined as: 'the conscientious, explicit and insidious use of current best evidence in making decisions about the health care of patients' (Sakett, et al 1997, p2). While the term EBP is relatively new in the every day vocabulary of health interventions and health care, the concept itself is not new. Evidence-based approaches have been introduced in most of the health fields, such as dentistry, nursing, public health, physiotherapy, and mental health care. Furthermore, other areas have been included, such as social work and education.

Evidence-based Nursing Practice is the process by which nurses make clinical decisions using the best available research evidence, their clinical expertise and patient preferences. The process of ensuring that clinical decisions are, as far as possible, formed by current research evidence includes a five-step approach. These are

- *Converting information needs into clear questions;*
- *Seeking the evidence to answer those questions;*
- *Evaluating the evidence for its validity and usefulness;*
- *Integrating findings with clinical expertise, patient needs, and patient preferences and applying the evidence; and finally,*
- *Evaluating performance and the outcome of our decisions/practices.*

The challenge, then for nursing practice (as for all professional practice) is to develop and draw on the well-focused evidence base relating to specific clinical interventions to improve the quality of clinical procedures, whilst also drawing on a more diverse evidence base for the wider concept of care, which they provide.

*My students are dismayed when I say to them "Half of what you are taught as medical students will in 10 years have been shown to be wrong. And the trouble is none of your teachers know which half". (Dr. Sydney Barwell, Dean, Harvard Medical School)* **Mrs. Rukhsana Kawther Mohammed, Lecturer in CHS Nursing Division has prepared an elective course (2 credits) on Evidence-based Practice and is currently teaching First Year BSc, nursing students.**

### FACULTY/STAFF NEWS

We would like to congratulate **Mrs. Eman Al-Tawash**, a faculty in the Nursing Division, on completing her Masters in Health Professions Education degree at Arabian Gulf University (AGU). Her thesis was on "Affects of Case-Based Learning on the Self-Directed Learning Skills of Nursing Students in the College of Health Sciences." We wish her success in her future endeavors

**Mrs. Amina Matoq** has recently completed the MOH Health Care Management Course. Her CQI project was on "Increasing the Number of BLS and ACLS Certified Paramedics". She finished with distinction and will receive Her Excellency, the Minister of Health Award for being a top student. We congratulate her on her success.

**Mr. Ali Ebrahim** is currently attending the MOH Health Care Management Program. He just finished the Leadership module. We wish him success in completing this program and using his newfound skills to improve the Registrar's Office.

**Mrs. Fatima Murtada** received an award and a certificate of appreciation from the Ministry of Education (MOE) for her contribution in teaching First Aid courses to MOE faculty and staff.

An article appeared in the latest issue of Bahrain This Month magazine about **Ms. Betty Popovich** "An Intuitive Photographer". The article is about her love of photography, her favorite subjects and some of the competitions she has won. It features five of her prize-winning photos. She takes many of the photographs that appear in the CHS Update.

**Dr. Hassan Al-Mulla**, Head CGS Department has successfully completed the foundation module of the MOH Health Care Management Program.

**Mrs. Sameera Diari** has recently retired from the College. She was a lecturer in the Nursing Division. We congratulate her and wish her a happy and fruitful retirement.

### ARAB DEVELOPMENT INSTITUTE COLLABORATION

Since its establishment, CHS has strived to expand and develop at all levels through operating new programs that address the needs of the country and the Gulf region. This is in line with the CHS strategic objectives that have lately been laid down towards becoming semi-independent and to serve a wider base of the community and the region. To achieve these objectives, the College is looking into the option of collaborating with a private health education institution to run the College in the afternoon hours and serve candidates interested to study at the CHS from the Kingdom of Saudi Arabia and other parts of the Gulf region.

The onset of this challenging experience was through a number of meetings with the chairperson of the Arab Development Institute (ADI) in Al-Khobar, Saudi Arabia. The project team members from both the Bahraini and Saudi side met several times to address issues pertaining to the objectives, challenges, benefits and effects of the collaboration on current College programs and services. The teams also discussed the areas to be covered in the collaboration, and the programs that will run at the onset of this collaboration. The CHS team members had several other meetings where heads of the AD Nursing and B Nursing programs were invited to decide on the facilities and budgets needed - as a baseline - to prepare the ground for running these programs in the afternoon period, when the prospective collaboration takes place. Collaboration is also expected to cover training candidates in the Medical Equipment program at the CHS. It is expected that a number of Saudi candidates currently studying at the ADI will receive a 6-month on-the-job training in Bahrain towards their Diploma in Medical Equipment from ADI. At this stage, the CHS is awaiting the official go-ahead signal from officials at the Ministry of Health with regard to the financial and legal aspects of this collaboration.

*Submitted by Dr. Amal Akleh,  
CHS / ADI Collaboration Project Manager*

### WEBSITES OF INTEREST

*We would like to feature a review of an interesting website each month. If you know of any websites you think the readers would find of interest, please send in the website and one or two sentences describing the contents. This month's website is: [www.brainyquote.com](http://www.brainyquote.com)*

BrainyQuotes is a FREE service to the users. It includes over 43,000 quotations by 10,000 authors from Aristotle to Zappal. You can browse thousands of quotations by the author's last name, as well as by topic. Some of the quotation topics include: Age, art, business, change, computers, dreams, education, experience, forgiveness, friendship, funny, humor, intelligence, life, love, marriage, music, nature, peace, science, success, technology, time, wisdom and work.

Add quotations to your emails, correspondence, documents and even projected visuals. You'll find quotations in this site appropriate for any occasion or topic.

*reviewed by Betty Popovich, EDC*

### ADMISSION AND ENTRANCE EXAMS

The College received 406 applications from students who recently got their higher secondary school leaving certificate (science section) and who wish to join the College programs being offered in the academic year 2004-2005. These programs are Generic BS Nursing, Medical Lab, Pharmacy Technician and Public Health. English placement tests for the new student applicants were held from 28-29 June 2004. From the above mentioned figure, 180 students were eligible to sit for the interview for the Generic BSN program, 88 students will sit for the interview in Medical Lab, 87 students for the Pharmacy program interview and 22 will sit for the Public Health interview. All the interviews will be conducted in Nursing and Allied Health Divisions from 11- 13 July 2004. Seventy percent of the applicants had Tawjehi scores of 80% and above. **Mr. Ali Ebrahim**, the Head of the CHS Registrar's Office mentioned that the final results would be announced by 17 August 2004 after getting final approval from H.E. Dr. Nada Haffadh. There are also 10 scholarships being granted to students by the Ministry of Education and 25 by the BDF in various programs.

The College also received more than 150 applications from Ministry of Health staff nurses, BDF, GCC and the private sector in Bahrain for the BSN completion program, as well as for the Post-Basic programs in Psychiatry, Cardiac Nursing, Emergency Care Nursing, Midwifery, and Community Health. By the end of July the Post-basic admission committees will make the final selection. **Classes for the new academic year will start on 18 September 2004.**

### NEWSLETTER CONTRIBUTIONS

We thank everyone for their contributions to the CHS Update. We apologize to anyone whose article had to be held over till the next issue due to lack of space. **Don't forget, the deadline for the July-August 2004 CHS Update is 31 August 2004.** Submit your news **NOW!** Try to keep the articles as brief as possible. We reserve the right to edit articles to fit the space. With everyone's contributions and support, we will continue to keep everyone informed and at the same time, market CHS!

### COMING EVENTS

- **26 – 31 July 2004** –Final exams for Summer Session.
- **2 August 2004** – Grade Discussion and end of Summer Session
- **18 September 2004** – Classes resume

*Leaders must not allow themselves to mistake intentions for accomplishments.*

## COURSES, WORKSHOPS, CONFERENCES, MEETINGS, EXHIBITS

### CHRONIC HEALTH PROBLEMS CONGRESS

Many faculty from CHS participated in various capacities in the Chronic Health Problems Congress sponsored by Bahrain Family Physicians Association – 10-12 May 2004 at the Diplomat Hotel. **Mrs. Muyassar Sabri** served on the Registration Committee. **Dr. Mouza Al Suwaileh** and **Mrs. Muyassar Sabri** from Nursing Division, and **Mrs. Shoala Sharif** From Integrated Sciences Division also presented papers in the meeting. Mrs. Shoala's presentation was entitled "The Role of Psychology in Coronary Heart Disease", which was a literature review with a pilot study on cardiac patients at SMC. **Ms. Betty Popovich**, **Mrs. Kawther Al-Taitoon** and **Mrs. Nadia Yousif** organized an exhibition at the conference. Shoala also prepared a brochure for the exhibit about lifestyle and heart disease. In addition, **Ms. Rabab Jowhary**, **Ms. Rukhsana Kawther Moh'd**, **Ms. Moataza Eliwa**, **Ms. Esmet Kadem**, **Mrs. Mariam Ali**, **Mrs. Nadia Yousif** and **Mrs. Mahbooba Zainal** attended the conference, along with several Midwifery students.

### GULF EDUCATION EXPO

The College recently participated in the **2<sup>nd</sup> Gulf Education Expo** at the Bahrain International Exhibition Center from **10-13 May 2004**. It was opened by the Minister of Education, Dr. Majid Al-Nuaimi. It was the Second International Educational Fair to be organized in Bahrain and was designed exclusively for educational institutions to display their programs, services and facilities in order to create a valuable link between educationists, potential students and parents in the Gulf in order to open up new channels of higher education worldwide. Universities from the Gulf, UK, Europe and USA were represented. Many students and parents showed interest in CHS programs.

### FIRST AID COURSES

**Mrs. Amina Matoq** conducted a First-aid course at Al Bayadu Pre-school for the teachers, administration, staff and drivers. There were 24 participants in the course.

### AIRPORT DISASTER DRILL

ITO Staff, **Dr. A. Shaheed Al Markhi**, **Ms. Rabab Hassan** and **Ms. Amina Matoq** participated in the disaster drill at the Bahrain Airport. They were invited by the Civil Aviation Affairs to help with the drill.

### CSB TRAINING COURSES

**Mrs. Raja Al-Qameesh**, **Mrs. Huda Al-Mahmood** and **Ms. Eman Al Tajer** attended a workshop at the College given by CSB on relaxation and stress management.

**Dr. Adel Diari** and **Mrs. Aysha Al Sheikh** attended CSB training from **22—26 May** on "Training in Human Services." Representatives from different directorates attended.

## CHS PUBLICATIONS IN PROGRESS

### CHS CATALOG REVISIONS

The College of Health Sciences is in the process of revising the College Catalog for 2005-2007. Everyone was sent photocopies of their section for revision. Please remember the deadline for submitting the corrections was 7 July, so the editing can be done while everyone is on holiday to ensure the catalog is ready for printing on time. Even if you have no revisions, please sign the photocopy you were sent and return it to **Betty Popovich** by the deadline. Your cooperation in this matter is greatly appreciated.

### SHORT COURSE BROCHURES

As per the request of the Dean's office, all Divisions and Departments have been asked to revise their current short course brochures and to develop brochures for other courses they are already offering. The Academic Council should first approve any proposals for new courses. A suggested format was sent to all departments. **Betty Popovich**, EDC is coordinating this effort to revise and update short course brochures. If you have any questions regarding the brochures or short courses, please contact her. The brochures should be submitted before going on leave, so the EDC technical staff can design them while everyone is on holiday. The brochures will be professionally printed at a Press.

### STUDENT BOOKLET

A Task Force has been formulated to review and update the CHS "Students Booklet". The Dean has appointed the following members to this committee: **Ms. Naseema Al Arrayed**, Chairperson, **Dr. Wedad Al Banna**, **Mr. Ali Ebrahim**, and **Ms. Layla Moh'd Hussein**. Please extend your support and assistance in this matter.

## DIVISION/DEPARTMENT NEWS

### Integrated Sciences Division

- We welcome **Dr. H. J. Asha** as a full-time lecturer in the LFS Department. We wish her a pleasant stay at the College, and we extend our support and assistance to her.
- **Mrs. Aysha Al-Shaikh** attended a TV interview in Beirut for Al-Hoorah TV from 9-21 May 2004 on "Psychological preparation for parents having twins". The talk included the following:
  - Prenatal period of twins
  - Relationship of parents as a consequence
  - Difficulties raising the twins, especially by mothers
- **Mrs. Aysha Al-Shaikh** also resented a paper in Bahrain on "Dealing with adolescents by parents and other members in society".

### Allied Health Division

#### Public Health Program

- **A Dr. Rajendra Awate** has joined the College as a full time lecturer in the Public Health Program, Allied Health Division. He previously worked in government public health services in India and as a faculty of Medical Sciences, Maharashtra University of Health Sciences. He also served as a WHO consultant for a Public Surveillance and Eradication Project, as well as presenting papers in national and international conferences. His interests are school health services, primary health care, health information systems and alternative medicine. We wish him a very pleasant stay at the College and extend our support and assistance.

### Educational Development Center

- The EDC has recently completed its Annual Report for 2003. If you would like to review the entire document, check with the EDC secretary on Ext. 5371. Besides all the Media Services performed by the EDC, it gives a comprehensive list of all the other projects, teaching and committee work EDC staff were involved in during 2003. (See also a summary report in the March-April 2004 CHS Update.)

### English Department

- **Mr. Mohammed Ali** is in the process of preparing the Medical Terminology module for the Allied Health Students. The module was discussed and suggested by the head of the department concerned. It will be taught in the second semester of the new academic year 2004/2005.
- 10 students have successfully completed the Medical Terminology Course (Level I) run by **Mrs. Reena Joseph**.
- Placement Exams were conducted during the last week of June for different programs such as General English, Conversation, and Medical Terminology.
- The English Department has sent letters to the Training Department to select new candidates for ESP courses for the new academic year.
- A variety of courses will be offered by the English Department such as Report Writing, Conversation, General English, Medical Terminology, etc. For further information, contact the Department Head on Ext. 6673.
- ENG 201 will be run for the Allied Health students. It is a part of the regular language skills course and also includes Research Methodology.

## COMMITTEE NEWS

### Recruitment Committee

The CHS Recruitment Committee met on 30 May 2004 to interview several people for positions in the Library. No final decision was reached.

### Staff Welfare Committee

#### Joslin Diabetic Center

The Committee organized a tour of the Joslin Diabetic Center for College faculty and staff on 3 May 2004.



#### Trip to Saudi Arabia

The Staff Welfare Committee organized a trip to Saudi Arabia on Thursday, 13 May 2004 to visit the Arab Development Institute and other areas.

#### Art of Living Presentation

The Staff Welfare Committee invited Pullavi Wagh from Art of Living International to give an introductory talk on creating a better life through stress management. She discussed an ancient technique that has helped millions of people in bettering relationships, increasing work productivity, achieving more concentration and higher energy, and keeping happy. The presentation was held on 10 May 2004 in the Al Maarif Auditorium.



### Newsletter and Publicity Committee

The CHS Newsletter and Publicity Committee was involved in organizing two exhibits, as well as revising and developing short course brochures. The Committee organized an exhibit for the Gulf Education Expo and helped organize a CHS Exhibit for the Chronic Disease Congress meeting sponsored by the MOH. Also revisions of short course brochures are in progress. All activities were or are being coordinated by **Ms. Betty Popovich**. (See specific articles in other parts of this newsletter.)



### May—June CHS Update Team

*Elizabeth Popovich, EDC – Editor-in-Chief/Writer/Reporter*  
*Denzil Browne, EDC – Design, Production & Photography*  
*Layla Moh'd Hussein, EDC – Design & Production*  
*Sayed Abbas Ali Ebrahim, EDC - Photography*  
*Muyassar Sabri Awadalla, Nsg. – Reporter*  
*Eman Al-Tawash, Nsg. – Reporter*

CHS Update is published monthly by the College of Health Sciences Newsletter and Publicity Committee  
 Address: PO Box 12 Tel: (973) 17279682 Fax: (973) 17242485 Email: [CHS@health.gov.bh](mailto:CHS@health.gov.bh)

This update is also available on the Ministry of Health website at [www.moh.gov.bh](http://www.moh.gov.bh)

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