Nutrition Country Card: Bahrain

Trends in the prevalence of overweight & obesity among different age groups

Mean Daily Nutrient Intake in Comparison to (RNI) for the United Kingdom


Nutritional Statues for 2-6 children

Nutritional Status of 2-6 years old children in comparison to RNI

Trend of Stunting Among under 5 children

Contribution of different nutrient to Calorie intake for different Age groups

Iron Deficiencies among different groups

Anemia (Hg b <13.0 g/dl) in male 30-39 years

Anemia (Hg b <12.0 g/dl) in reproductive age 20-29 years

Anemia (Hg b <11.0 g/dl) in children under 5 years

Overweight

%

Eating breast fed

Total %

Eating breast fed

Less than 6 months

6-12 months

Continued breast fed 1 year

National Nutritional Policies

✓ National nutritional strategy or national action plan.
✓ Food fortifications.
✓ Policy on marketing of breastfeeding substitutes "law No. 4, 1995 "Concerning the Control On The Use, Marketing And Promotion Of Breast Milk Substitutes."
✓ Salt iodisation "Resolution No. [79- 2012]on the adoption of the Gulf Technical Regulations for salt as a national legislation"
✓ Infant and young feeding strategies "Global strategy for IYCF-2006"