Steps to join the project

1. Fill the participation form

2. Display illustrative poster on the mall gates that says, "This mall is involved in the project health friendly shopping mall with the cooperation with the Ministry of Health"

3. Choose the subject and the date of effectiveness of health in agreement with Health Promotion Directorate as follows:
   - World Health Day (April)
   - World Day of practicing physical activity (April)
   - World Day of diabetes (November)
   - World Cancer Day (February)
   - International Day for smoking cessation (May)
   - Gulf Week for Health Promotion (March)

Provide a poster winner of the compound as a friend or an enhanced health
The project is to provide a healthy environment inside the mall by 8 predetermined criteria. A healthy promoting shopping mall will named if all 8 criteria are provided and a health friendly shopping mall will named if the first 4 criteria are provided. Malls will be visited periodically to oversee the application of the criteria and then will be honored by the top management in the ministry of health.