Oral & Dental Health Services

June 2018



Dental Hygiene Day Celebration

Under the care of Dr. Taghreed Ajoor, chief of Oral and Dental Health Services, the Dental Hygienists Day celebrated.

The Dental Hygiene Program established in 1985 in the college of health sciences, and the Kingdom of Bahrain is the first in the Gulf region to develop this program. The first group of dental hygienist was graduated in 1988. The program has undergone several stages of development in its curriculum, including the application of tooth fissure sealant and toothbrushing program. The oral and dental health program of the pregnant mothers implemented in 1989. Also, kindergarten program. In 1990, awareness and education programs developed for people with special needs. Dental Hygienists visit the centers of special needs and apply for fissure sealant program and give them precise information on teeth and how to brush them in addition to follow-up on a case-by-case.



Muharraq Maternity and Geriatric Hospital

A special dental clinic was opened on 4 April 2012 to provide oral and dental health care, preventive and curative plan for residents of the hospital. It includes four wards with 50 female and 54 male in-patients. Periodic examinations conducted on a case-by-case basis, identification of helpful and responsive cases for treatment, despite the difficulty of some cases and the provision of the required treatment services to avoid the problems of mouth and teeth and reduce its severity in this category. Besides, lectures were given to the hospital staff regarding how to deal with oral and dental hygiene. This category is difficult for them to take care of and follow up by a weekly clinic schedule to attend the clinic on Wednesday of each week as it is difficult for this category to take care .



Child Mouth safety

If your child plays sports, they should wear a mouth guard. This is a soft, plastic retainer that covers the teeth and sometimes the lips. It helps protect your child's mouth from injuries that may occur due to flying elbows or falling on the hard surface. Injuries may range from a chipped and broken crown, root fracture to an avulsed tooth. Talk to your dentist if you need a custom-fit mouth guard.







Dr. Deyana Jassim Ditto Dental Consultant

Primary Teeth

Are small white teeth with short roots. Teething begins first trimester before birth. They shaped like an oval, or circular buds and gradually develop into teeth. The teeth begin to appear in the child mouth between the ages of 6 - 9 months and may be associated with some pain. The eruption of all the teeth completed in most children around the second year of life. There are 20 teeth in the child's mouth, ten teeth per jaw.

There is a misconception that primary teeth are not crucial to the child as long as permanent teeth replace them. There is not enough attention to cleanliness and brushing, in which accumulate food remnants on the teeth and remain sugars between the teeth and gums feed the mouth bacteria and produce acid that attacks the teeth and causes decay. It is true that children's teeth have great importance on the appearance, general health, and child psychology and must be maintained to remain healthy until they change into permanent teeth during the stages of life.

Dental Eruption Chart



Eman Harwana Dental Hygienist

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