

Oral & Dental Health Services



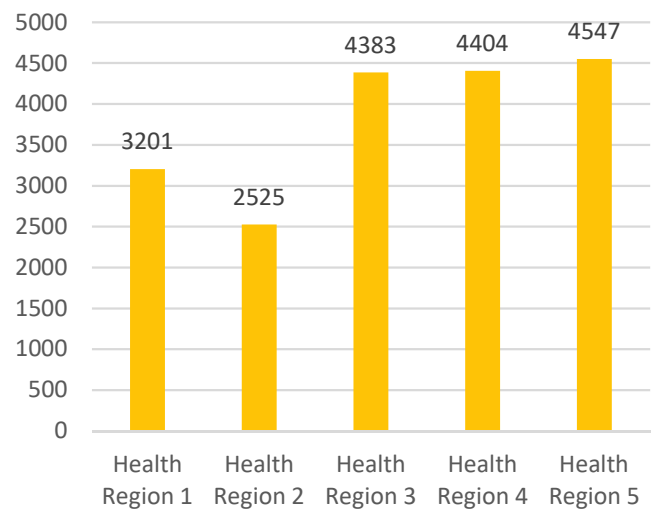
وزارة الصحة
Ministry of Health

August 2018

School Dental Fissure Sealant Program

It is a program implemented years ago by dental hygienist for governmental school student grades 2 & 3. It is carried out after gaining the consent of the student's parents. It includes dental examinations, fissure sealant of 1st permanent molars, and fluoride application. The students who need further preventive, curative treatments are referred to the dental hygienist or the school health dentists. An assessment of the fissure sealant retention after one and five years is performed. In the academic year 2017 - 2018 numbers of beneficiaries exceeded 19 thousand students in all health regions in the Kingdom of Bahrain.

No of students with F.S done in governmental school student in Bahrain



Supernumerary teeth (case report)

Supernumerary teeth is the condition of having teeth that appear in addition to the regular number of teeth. Supernumeraries embarrasses the eruption of teeth at their normal chronological age and this needs surgical intervention. A 17 year old male was referred from orthodontist to extract a supernumerary tooth in the upper anterior region. The tooth was located palatal, there was no need to raise a flap although the tooth was not palpable palatally.

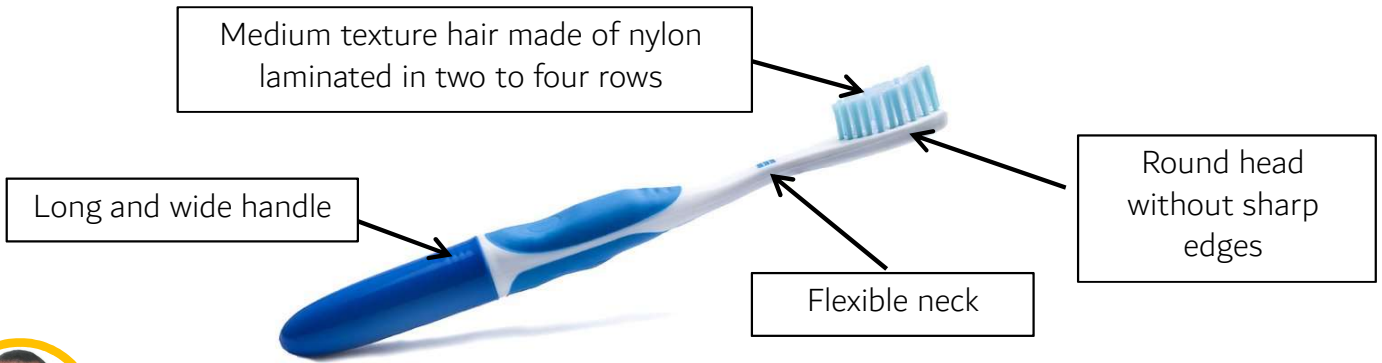


Dr. Nidaa Ebrahim
Dental Consultant



After Extraction

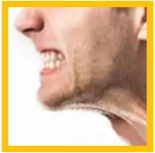
How to choose a toothbrush?



Dr. Yousef Mirza
Dental Consultant

Bad habits should be avoided!

Meticulous home dental and oral care is essential. In some instances, people can perform different involuntary habits that can cause severe devastation to the dentition without knowing it, such as:



Bruxism and night clenching can be subconsciously caused by patient's biting hard on his/her teeth, eventually causing tooth wear.



Eating rubber candies can stick to teeth and contain high sugar which may lead to dental decay.

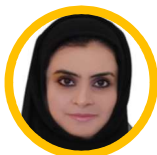


Biting a hard shells of the nuts can cause cracks.



Smoking has a huge negative effect on gums and teeth. It can increase the risk of having oral cancer.

You are advised to see your dentist for consultation and proper management.



Dr. Fatema Hasan Al-Sulaiti
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