

Important instructions for travelers from countries where COVID-19 cases have been recorded

Stay at home for 14 days and follow these instructions:



Avoid contact with others by separating yourself in a specific room and by using a separate bathroom



Avoid sharing personal household items including plates, cups, eating utensils, towels, or bedding with other people



Wear a facemask when you are around other people or pets



Cover your coughs and sneezes with tissues and ensure that the used tissues are disposed of in a closed trash can; wash your hands with soap and water or clean your hands with an alcohol-based sanitizer immediately after sneezing



Wash your hands regularly with soap and water or with an alcohol-based hand sanitizer



Don't travel during the period of isolation and avoid using public transportation



Monitor your symptoms: if you become ill with fever, cough, or shortness of breath in the next 14 days, you should seek medical care and call the COVID-19 Hotline (444). Inform the doctor of your recent travel history.



You will be contacted by Public Health regularly to monitor your symptoms