



KINGDOM OF BAHRAIN

Ministry of Health

Public Awareness
Campaign
to Combat
Coronavirus
(COVID-19)

To prevent infection in food preparation areas

	Wash hands with soap and water regularly for at least 20 seconds, particularly before beginning to prepare food, during preparation, and after finishing.		When preparing food, an alcoholic hand sanitizer is not sufficient enough to clean hands, thus water and soap must be used. Alcoholic sanitizer can be used as an addition after washing your hands thoroughly.
	Clean surfaces, tools, door handles and other frequently used objects regularly, with a safe antiseptic for food preparation areas.		Gloves and facemasks should be worn as a precaution when preparing and delivering food. Gloves should be changed before and after food preparation.
	Ensure that fruits and vegetables are thoroughly washed before they are cut and cooked.		Be sure to cook all kinds of meat and eggs well.
	Vegetable cutting boards and tools should be separate from meat cutting boards.		It is advisable to stop serving buffets.
	At least one-meter distance should be kept between food handlers.		Any staff suffering from symptoms of the disease must stay at home, as per doctors instructions.

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