



وزارة الصحة
Ministry of Health

**Public Awareness
Campaign
to Combat
Coronavirus
(COVID-19)**



Guidelines on SARS-CoV-2 (COVID-19) for Guests Under Quarantine at Hotels



Hotel Quarantine General Guidelines

In order to ensure your safety during your stay with us, and to prevent the spread of the COVID-19 during quarantine, we need your cooperation and ask you to follow the instructions below:

1. General instructions:

- Smoking will delay your recovery and may lead to serious complications, thus it is advised you refrain from smoking during your stay
- Using the hotel gym is not permitted
- Gatherings of more than 5 people in the same area is prohibited
- You are not allowed to leave the hotel during the first 14 days of your stay

2. Hygiene instructions:

- Maintain good personal hygiene
- Keep immediate surroundings clean and free from waste
- Wash hands with soap and water frequently, and for at least 20 seconds
- Wear a protective face mask when you are around other people and when you are examined by medical staff
- Maintain a space of one (1) meter between you and others
- Cover your mouth when coughing and sneezing with a tissue, and be sure to dispose of used tissues in a closed waste bin

3. Visits:

Visits by friends or relatives while in quarantine are not permitted. If items are to be sent to you, they may be received at the reception.

4. Laundry:

Please put your laundry in the designated bag, place it in front of your room door from the outside, and contact us to collect it

5. Health instructions:

- If you experience a fever, cough, or shortness of breath, remain in your room and inform the reception
- If you have any pre-existing conditions which require medication and follow up, inform the reception to help you obtain your medication

6. Treatment plan:

- On day 13 of your stay in the hotel, a nasopharyngeal swab will be taken to see if the virus is present
 - If your test result is negative for the virus, you will be authorized to leave the hotel or you may continue your stay with us if you wish
 - If your test result is positive for the virus, you will be transferred to an isolation facility
-
- ❖ If you have any symptoms or any other needs do not hesitate to inform the reception
 - ❖ The quarantine period may be mentally challenging for you, causing some fear and anxiety being away from family and friends. Do not hesitate to ask for confidential psychological support through calling **66399789**.