

Optional home self-isolation for asymptomatic active COVID-19 cases

The following is the set criteria
for the optional home self-isolation:



Patient must be under 60 years
of age



Patient is asymptomatic, or with
mild symptoms, and should not
be living with individuals with
low immunity



Patients must have access to a
secluded room and bathroom



Patient must be able to contact
the medical team electronically
during the home self-isolation
period



Patient must vigilantly and
thoroughly follow the home
self-isolation guidelines



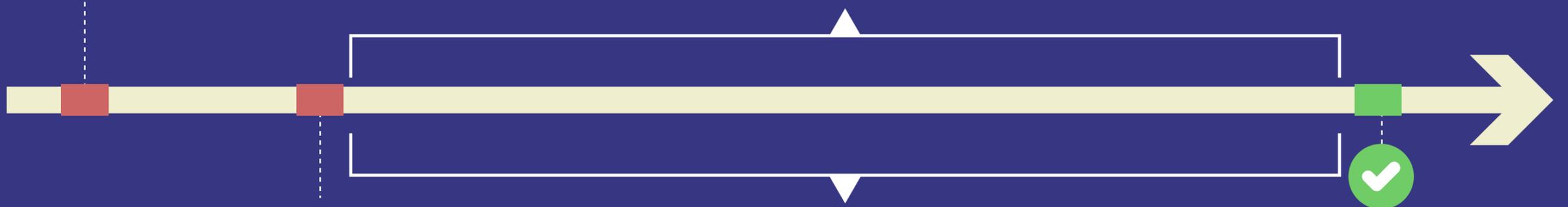
Contacts of active cases who
reside in the same residence must
follow the guidelines for contacts
of active cases

Home Self-Isolation procedures

Diagnosis and
informing the
patient of the
positive result

Patients will be monitored daily by health professionals
and by using the "BeAware Bahrain" app

Patients must contact hotline no. 444 if symptoms develop



Positive cases will be received at the Shamel Field Hospital (Comprehensive Disability Center) for an assessment. Once a patient meets the set criteria and opts to self-isolate at home, an electronic bracelet will be issued and the needed medical supplies for the home self-isolation period will be provided. (Medical supplies will include masks, sterile gloves, and basic medications if required)

All home self-isolation procedures should be vigilantly followed, and patients must use the app and bracelet

The home self-isolation period is 14 days and a 'Self-Isolation Exit Test' will be required in order for patients to be officially discharged



Home Self-Isolation Guidelines



Ensure no interactions with others



Use a separate room and bathroom



Do not share personal tools and utensils



Observe personal hygiene, and wash your hands regularly



Wear a protective face mask in case of leaving the house for an emergency



Dispose of waste within a separate trash bag, and ensure the waste is not added to household waste until 72 hours have passed

The home self-quarantine measures will also be applied to contacts living in the same household, and they will follow the procedures applied on contacts of active cases