

Precautionary measures to be applied at massage parlours and spas to mitigate the spread of coronavirus (COVID-19)



First: General Requirements:

Entry to massage parlors shall be restricted to:



Those who received the COVID-19 vaccine or have recovered from the virus.



Children under the age of eighteen provided that children under the age of twelve are accompanied by a vaccinated or recovered adult.



Evidence must be presented via the (BeAware Bahrain) application, any other approved application, or by presenting official documents providing proof of vaccination or recovery.



Customers must book an appointment in advance, and walk-ins should only be allowed if the facility is prepared in advance.



The temperature of all employees and customers must be measured before entering using an infrared thermometer. People with temperatures of 37.5 C or above or those exhibiting COVID-19 related symptoms should be prohibited from entering and must be asked to leave immediately and call 444.



Appropriate ventilation must be in place within the facility, by opening windows and doors and using exhaust fans.



Sanitisers for customer use with a concentration of no less than 70% alcohol must be placed at the entrances and exits and in every room.



Toilets should be sterilised periodically (twice a day at least) and sanitisers should be provided.

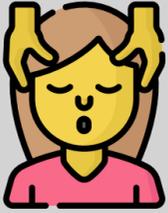


All employees must commit to wearing masks at all times.



Single-use towels must be used. Normal towels may be used if they are washed with 80°C water or warmer and are wrapped in individual bags. Used towels should be immediately isolated in a covered container and should be frequently sterilised.

Precautionary measures to be applied at massage parlours and spas to mitigate the spread of coronavirus (COVID-19)



Second: Requirements related to massage services:

- **The service** provider must wash their hands with warm soapy water or sanitise them with an approved sanitiser containing no less than 70% alcohol for a period of 20 seconds before and after performing the service for the customer or upon touching the face.
- **The masseuse** must wear a facemask or face shield while performing the service.
- **One room** must be dedicated to each customer for any service.
- **All massage** equipment, including beds, chairs, massage tools, and cosmetic containers must be cleaned and sanitised after each use with approved disinfectants.
- **Massage** bed accessories such as pillows and sheets must be single-use, replaced, or sanitised after each use.



Third: Requirements for spa services (Moroccan bath, Turkish bath), jacuzzis, steam baths, and saunas:

- **The service** provider must wash their hands with warm soapy water or sanitise them with an approved sanitiser containing no less than 70% alcohol for a period of 20 seconds before and after performing the service for the customer or upon touching the face.
- **Health** baths, steam rooms, saunas, and jacuzzis may only be used by one customer at a time.
- **The customer** and service provider may remove their masks during the service.
- **The doors** of health baths, steam rooms, and saunas must remain open during the sanitation stage after each customer's session to ensure fresh air for ventilation.



Fourth: Final provisions:

- **All massage** parlors and spas shall be subject to inspections by the relevant government agencies to ensure compliance with health requirements.
- **Customers** must be encouraged to pay online and via contactless methods.
- **Employees** must be encouraged to get vaccinated.
- **Any facility** that does not comply with the requirements stipulated here, or any other related guidelines, shall be closed.